



Thames View Infants



Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1	Sausages with Onion Gravy & Mashed Potatoes	Jerk Chicken with Rice*	Roast Turkey & Stuffing with Roast or Boiled Potatoes	Cottage Pie (Beef)*	Fish Fingers with Potato Wedges
Main Choice 2	Cajun Chicken & Sweet Potato Wedges*	Tuna Wrap with Salad & Mayonnaise	White Fish Bake with Boiled or Roast Potatoes	Salmon, Broccoli & Sweetcorn Pasta Bake*	BBQ Chicken with Potato Wedges *
Vegetarian Choice	Spanish Omelette with Wholemeal Baguette & Salad	Vegetarian Lasagne*	Roast Vegetable Pie with Roast or Boiled Potatoes*	Cheese & Tomato Pizza	Mixed Bean Wraps with Salsa & Potato Wedges
Vegetable Selection	Broccoli Carrots	Sweetcorn Peas	Fresh Seasonal Vegetables	Baked Beans Peas	Carrots Mixed Vegetables
Dessert	Strawberry & Vanilla Mousse	Apple Crumble with Custard*	Rice Pudding with Jam*	Chocolate & Orange Sponge with Chocolate Sauce*	Fruit, Jelly & Ice Cream

Week Beginning

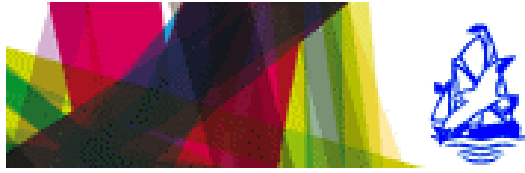
31/10,
28/11,
9/01,
06/02,
13/03.

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



Halal & non Halal meat served
All fish from sustainable sources
*indicates 'home made' dish
Items subject to availability





Thames View Infants



Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1	Beef Burger in a Burger Bun with Salad	Spaghetti Bolognese (Beef)*	Roast Lamb with Roast or Boiled Potatoes	Chilli Con Carne (Beef) with Rice & Tortilla	Cod Fillet in Batter with Chips or Mashed Potatoes
Main Choice 2	Chicken & Rice Wrap with Salsa*	Jacket Potatoes with Tuna & Sweetcorn	Fish Crunchy with Roast or Boiled Potatoes	Goan Fish Curry with Rice	Lamb Keema with Naan & Raita
Vegetarian Choice	Chick Pea & Potato Curry with Rice*	Cheese Wholemeal Hoagie Melt with Peppers & Onions	Quorn Casserole with Roast or Boiled Potatoes *	Quorn Frankfurter Hot Dog Roll with Onions	Cheese & Onion Slice with Chips or Mashed Potatoes
Vegetable Selection	Broccoli Carrots	Sweetcorn Mixed Vegetables	Fresh Seasonal Vegetables	Carrots Green Beans	Peas Baked Beans
Dessert	Raspberry Ripple Ice Cream Sponge Roll	Banana Cake with Custard*	Orange & Mango Fruit Smoothie	Oat & Raisin Cookie	Fruit Salad with Yoghurt Ice Cream

Week Beginning

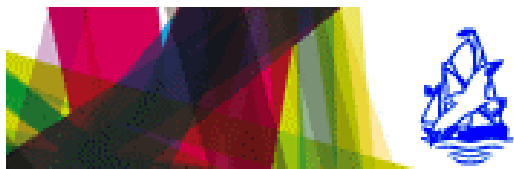
7/11,
5/12,
16/01,
13/02,
20/03.

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



Halal & non Halal Meat served
All fish from sustainable sources
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Items subject to availability





Thames View Infants



Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1	Piri Piri Chicken with Rice*	BBQ Sausages with Mashed Potatoes	Roast Chicken & Stuffing with Roast or Boiled Potatoes*	Lasagne (Beef)	Fish Fingers with Potato Wedges
Main Choice 2	Cod & Salmon Korma with Rice*	(Lamb/Beef)** & Vegetable Pie with Mashed Potatoes	White Fish Bake with Boiled or Roast Potatoes	Tandoori Chicken with Flatbread & Raita*	Moroccan Lamb Tagine with Rice or Potato Wedges
Vegetarian Choice	Tomato & Pepper Pizza	Vegetarian Shepherd's Pie *	Mediterranean Vegetable & Mixed Bean Pasta Bake	BBQ Veggie Burger in a Bun with Salad	Vegetarian Chilli with Rice or Potato Wedges*
Vegetable Selection	Beans Sweetcorn	Peas Carrots	Fresh Seasonal Vegetables	Beans Mixed Vegetables	Peas Baked Beans
Dessert	Chocolate & Vanilla Mousse	Dorset Apple Cake with Custard*	Fruit Flapjack and Crème Fraiche	Orange & Lemon Sponge with Custard*	Fruit, Jelly & Ice Cream*

Week Beginning

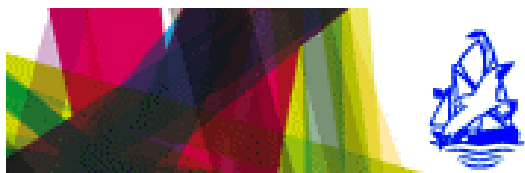
14/11,
12/12,
23/01,
27/02,
27/03

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



Halal & non Halal Meat served
All fish from sustainable sources
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Items subject to availability





Thames View Infants



Menu Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1	Southern Seasoned Chicken with Sweet Potatoes*	Lamb & Vegetable Jolloff Rice*	Roast Beef with Roast or Boiled Potatoes	Chicken Pie with Mashed Potatoes*	Fish in Batter with Chips or Mashed Potatoes
Main Choice 2	Lamb & Vegetable Biryani*	Jacket Potatoes with Tuna & Sweetcorn	Fish Crunchy with Roast or Boiled Potatoes	Lamb & Vegetable Tikka Masala with Rice*	Chicken Fajita with Peppers, Onions & Salsa*
Vegetarian Choice	Butternut Squash Macaroni Cheese*	Vegetarian Spaghetti Bolognese*	Wholemeal Leek & Tomato Quiche with Boiled or Roast Potatoes*	Quorn & Sweet Potato Curry with Rice and Naan*	Oriental Vegetable Stir Fry with Quorn & Noodles*
Vegetable Selection	Carrots Peas	Sweetcorn Broccoli	Fresh Seasonal Vegetables	Carrots Mixed Vegetables	Peas Baked Beans
Dessert	Chocolate Sponge Ice Cream Roll	Peach & Pear Crumble with Custard*	Strawberry Cheesecake*	Raspberry & Coconut Sponge with Custard	Scotch Pancakes with Fruit & Ice Cream

Week Beginning

21/11,
03/01,
30/01,
06/03.

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread.



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All fish from sustainable sources
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Items subject to availability

